Program Overview & Sample Daily Schedule

While not every session is scheduled exactly the same, the following Program Overview & Sample Daily Schedule are designed to give you a better understanding of the activities in a typical session as well as the flow of a typical day.

Program Overview

Day 1
- Registration
- Opening Ceremony
- TA Group Orientation
- Leadership Session: Defining Leadership
- Check-Out (commuter students only)

Day 2
- Check-In (commuter students only)
- Group Breakfast (all students)
- Challenge Course
- Clinical Rounds: Taking a Patient’s History & Vital Signs
- Leadership Session: Group Dynamics
- Check-Out (commuter students only)
- Social

Day 3
- Check-In (commuter students only)
- Group Breakfast (all students)
- Medical Skills Lab: Dissections
- Trip: Museum of Health & Medicine
- Leadership Session: Public Speaking
- Check-Out (commuter students only)
- Social

Day 4
- Check-In (commuter students only)
- Group Breakfast (all students)
- Leadership Session: Conflict Resolution
- Muscles: Brain Power Activity
- Medical Skills Lab: Intubation
- Trip: The Smithsonian Institutes
  - National Zoo
  - Natural History Museum
- Check-Out (commuter students only)
- Social

Day 5
- Check-In (commuter students only)
- Group Breakfast (all students)
- Leadership Session: Goal Setting
- Medical Skills Lab: Suturing
- Field Trip: American Red Cross
- Washington Monuments at Night Tour
  - Jefferson Memorial
  - FDR Memorial
  - World War II Memorial
  - Lincoln Memorial
  - Vietnam War and Korean War Memorials
  - Iwo Jima Memorial
- Check-Out (commuter students only)
- Closing Social

Day 6
- Check-In (commuter students only)
- Group Breakfast (all students)
- Closing Ceremony
- Final TA Group Meeting
- Check-Out (all students – parent pick-up & airport shuttles)

Note: This is a sample schedule. While not all sessions are scheduled exactly the same, this is reflective of the activities that take place during the program.
National Student Leadership Conference  
Science & Technology  
Washington, D.C.

Sample Daily Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am-7:30am</td>
<td>Check-In/Drop-Off (Commuter Students)</td>
</tr>
<tr>
<td>7:30am-8:45am</td>
<td>Breakfast with TA Group</td>
</tr>
</tbody>
</table>
| 9:00am-10:15am| Leadership Session: Conflict Resolution  
                  Neat Attire                                                      |
| 10:30am-11:15am| Presentation: Global Impact - Water Scarcity  
                     Neat Attire                                                 |
| 11:30am       | Board Buses                                                              |
| 12:00pm-3:00pm| Trip: Natural History Museum or National Zoo  
                     Casual Attire                                                |
| 3:15pm        | Board Buses                                                              |
| 4:00pm-5:00pm | Water Filtration Project  
                    Neat Attire                                                  |
| 5:15pm-6:15pm | Dinner with TA Group                                                     |
| 6:30pm-7:45pm | Leadership Project  
                    Casual Attire                                                 |
| 8:00pm-8:30pm | Pick-Up/Check-Out (Commuter Students)                                    |
| 8:00pm-9:00pm | Game Night (Residential Students)  
                    Casual Attire                                                |
| 9:30pm        | Room Check                                                               |

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